

Public Speaking for Community Organisation Leaders

Institute of Community Directors
21 August 2025

Welcome

Playful Negotiation

Welcome

Prepare

Deliver

Reflect

Questions

1 Daniel Teitelbaum

- 1 Playful Thinking
- 2 Games for Change
- 3 Performing Arts
- 4 Mediation

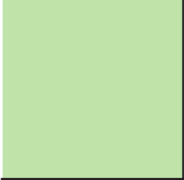
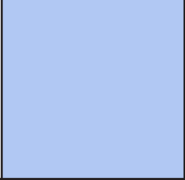
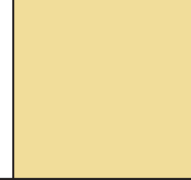
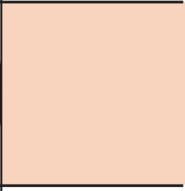
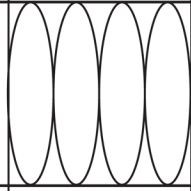
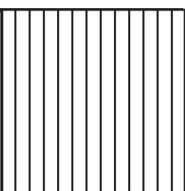
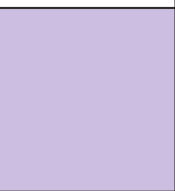
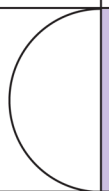
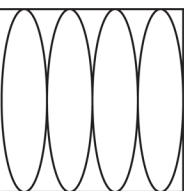
2 Playful Thinking

- 1 Why I chose play
- 2 What I do with play

3 Today's Workshop

- 1 Public Speaking for Community Organisation Leaders
- 2 Prepare, Delivery, Reflect
- 3 Ideas, conversation, activities, reflection

Prepare



Introduction

Prepare

The Point

Templates

Content

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What's the Point?

- 1 Why are you speaking?
- 2 Who are you speaking to?
- 3 What do you want to say?
- 4 Why should/do they care?
- 5 What good will it do?
- 6 How do you want to approach it?

Public Speaking			
Introduction	How do you want to approach it?		
Prepare			
The Point			
Templates			
Content			
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Deliver			
Reflect			
Questions			
	persuasive	balanced	contemplative
	convincing	methodical	deliberate
	insistent	thoughtful	instructive
	urgent	conversational	advisory
	passionate	inclusive	prescriptive
	heartfelt	collaborative	didactic
	stirring	reassuring	theatrical
	uplifting	encouraging	approachable
	reasoned	respectful	warm
	structured	commanding	moving

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Templates

- 1 Have a template
 - > Find, adapt or make one (I have one for you)
- 2 Use your template
 - > Even if just for a minute
- 3 Evolve your template
 - > Keep adapting as you learn
- 4 Use your template
 - > Really, use it.

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Content

1 Opening

1.1 Play

- humor, question, imagination, choice

1.2 Trust

- your intention and credentials

1.3 Guidance

- what you will talk about and expect of them

2 Main Points

2.1 Statement

- the important thing stated clearly

2.2 Stories

- the emotional and meaningful reasons

2.3 Examples

- make it concrete and understandable

2.4 Evidence

- the rational justification

2.5 Relevance

- the reason they are listening

2.6 Transitions

- connect the dots and help the audience

Public Speaking	
Introduction Prepare The Point Templates Content Rehearsal Deliver Reflect Questions	<div>Content</div> <div><div>3</div><div>Conclusion</div><div><div>3.1</div><div>Summary</div><div>- the whole point and the dots connected</div></div><div><div>3.2</div><div>Action</div><div>- what they need to do next</div></div><div><div>3.3</div><div>Final Words</div><div>- memorable sentence to take away</div></div></div>

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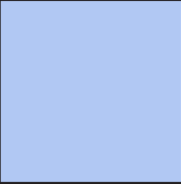
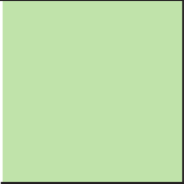
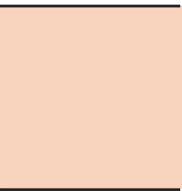
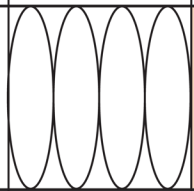
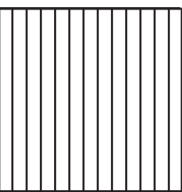
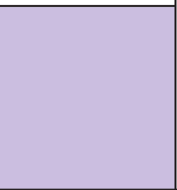
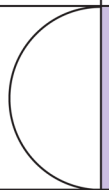
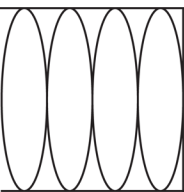
Reflect

Questions

Rehearsal Exercises

- ☐ Say your speech outloud to yourself
- ☐ Rehearse your speech in your head
- ☐ Memorise key statements you want to be sure you deliver
- ☐ Practice a shortened version of just key points
- ☐ Play with it – just face, just hands, just eyes, very fast
- ☐ Practice in your head but act out movement and gestures
- ☐ Practice in front of a human being
- ☐ Practice in front of a camera and watch it back

Deliver



Public Speaking	
<div data-bbox="76 225 356 278">Introduction</div> <div data-bbox="76 292 267 345">Prepare</div> <div data-bbox="178 357 394 409">The Point</div> <div data-bbox="178 421 420 474">Templates</div> <div data-bbox="178 485 369 538">Content</div> <div data-bbox="178 549 407 602">Rehearsal</div> <div data-bbox="76 614 234 666">Deliver</div> <div data-bbox="178 678 407 731">Warm-Up</div> <div data-bbox="178 742 369 795">Entering</div> <div data-bbox="178 806 387 859">Audience</div> <div data-bbox="178 871 387 923">Message</div> <div data-bbox="178 935 305 988">Voice</div> <div data-bbox="178 999 420 1052">Movement</div> <div data-bbox="178 1063 402 1116">Stumbling</div> <div data-bbox="178 1128 326 1180">Exiting</div> <div data-bbox="76 1192 249 1245">Reflect</div> <div data-bbox="76 1256 305 1309">Questions</div>	<div data-bbox="733 225 1121 278">1 Warming Up</div> <div data-bbox="733 349 1261 402">2 Entering the Stage</div> <div data-bbox="733 478 1138 531">3 The Audience</div> <div data-bbox="733 606 1161 659">4 Your Message</div> <div data-bbox="733 735 1235 788">5 Voice, Tone, Pace</div> <div data-bbox="733 863 1646 916">6 Movements, Gestures, Eye Contact</div> <div data-bbox="733 992 1424 1045">7 Stumbling and Recovering</div> <div data-bbox="733 1120 1243 1173">8 Leaving the Stage</div>



Augusto Boal

Public Speaking

Introduction

- The Point
- Templates
- Content
- Rehearsal

Deliver Warm-Up

Entering Audience

Message
Voice

Movement Stumbling

Exiting Reflect

Questions

Warming Up

- 1 Power Stances
- 2 Power Breathing

- 3 Power Thoughts
- 4 Power Voice

Public Speaking	
Introduction Prepare The Point Templates Content Rehearsal Deliver Warm-Up Entering Audience Message Voice Movement Stumbling Exiting Reflect Questions	<div>Power Stance</div> <div><div>1.</div><div>Stand tall, feet shoulder-width apart, weight evenly balanced.</div></div> <div><div>2.</div><div>Open your chest and drop your shoulders back.</div></div> <div><div>3.</div><div>Imagine roots growing from your feet into the floor.</div></div> <div><div>4.</div><div>Hold stillness for 10 seconds, feeling grounded.</div></div> <div><div>5.</div><div>Raise your arms above your head for 10 seconds feeling light.</div></div> <div><div>6.</div><div>Relax, smile gently let confidence show in your body.</div></div>

Public Speaking	
<div data-bbox="78 225 359 275">Introduction</div> <div data-bbox="78 291 264 341">Prepare</div>	<div data-bbox="736 225 1118 275">Power Breathing</div>
<div data-bbox="180 352 392 402">The Point</div> <div data-bbox="180 418 417 468">Templates</div> <div data-bbox="180 484 366 534">Content</div> <div data-bbox="180 549 407 599">Rehearsal</div> <div data-bbox="78 615 234 665">Deliver</div> <div data-bbox="180 681 402 731">Warm-Up</div> <div data-bbox="180 746 366 796">Entering</div> <div data-bbox="180 812 384 862">Audience</div> <div data-bbox="180 878 384 928">Message</div> <div data-bbox="180 943 303 993">Voice</div> <div data-bbox="180 1009 422 1059">Movement</div> <div data-bbox="180 1075 402 1125">Stumbling</div> <div data-bbox="180 1140 326 1190">Exiting</div> <div data-bbox="78 1206 247 1256">Reflect</div> <div data-bbox="78 1272 305 1322">Questions</div>	<div data-bbox="736 479 2346 1043"><ol style="list-style-type: none">1. Inhale deeply into your belly for 4 counts, hold for 2, exhale for 6.2. Place one hand on your stomach to feel it rise and fall.3. Breathe slowly through your nose, release tension with each exhale.4. Try a box breath: 4 counts in, 4 hold, 4 out, 4 hold.5. Use a sighing breath to release nerves before speaking.</div>

Public Speaking	
Introduction Prepare The Point Templates Content Rehearsal Deliver Warm-Up Entering Audience Message Voice Movement Stumbling Exiting Reflect Questions	<div>Power Thoughts</div> <div><div>1.</div><div>Say silently: “I am prepared. I am excited. I am glad to be here.”</div></div> <div><div>2.</div><div>Visualise the audience smiling and nodding with you.</div></div> <div><div>3.</div><div>Reframe nerves as excitement: my body is gearing up to perform.</div></div> <div><div>4.</div><div>Picture your message landing and sparking change.</div></div> <div><div>5.</div><div>Remind yourself: the audience wants you to succeed.</div></div>

Public Speaking	
Introduction Prepare The Point Templates Content Rehearsal Deliver Warm-Up Entering Audience Message Voice Movement Stumbling Exiting Reflect Questions	<div>Power Voice</div> <div><div>1.</div><div>Hum gently to wake up vocal cords.</div></div> <div><div>2.</div><div>Do lip trills (“brrrr”) to loosen mouth and breath.</div></div> <div><div>3.</div><div>Glide your pitch up and down like a siren.</div></div> <div><div>4.</div><div>Say a tongue twister slowly, then faster (“red leather, yellow leather”).</div></div> <div><div>5.</div><div>Project one sentence to the back of the room with clear, open sound.</div></div>

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Entering the Stage

- ☐ Enter with a confident posture
- ☐ Walk with some excitement
- ☐ Know where you are going to stand
- ☐ Step into the space, pause, and breathe before speaking
- ☐ Establish presence through grounded stillness
- ☐ Don't dart your eyes around the room but scan slowly
- ☐ Practice entering in your rehearsal
- ☐ You are excited to be connecting with a group of people who want to hear something you want to share

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The Audience

- ☐ See the audience as supportive and friendly
- ☐ Remember why you are choosing to speak to them
- ☐ Invite participation at some level (can be rhetorical)
- ☐ Be in the room with them (accept offers)
- ☐ A neutral face can look unimpressed (don't fret)
- ☐ You can pause to acknowledge interruptions
- ☐ You can ask the audience to provide you feedback

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Your Message

- ☐ Say less instead of more
- ☐ Say the most important parts
- ☐ Concentrate on what you've said, not what you meant to say
- ☐ Rely on your notes when you want to get things exact
- ☐ Check in on with the audience
- ☐ Clearly mark when you have gone off track
- ☐ Clearly mark when you get back on track
- ☐ Finish clearly with a memorable closing

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Voice, Tone, Pace

- ☐ Sing, don't speak, use your diaphragm
- ☐ Vary your pitch appropriately
- ☐ Vary your speed to punctuate points and narrative moments
- ☐ Pauses and silence add emphasis and gravitas
- ☐ Emote naturally, you can be formal and conversational
- ☐ Repeat for emphasis, don't be shy to make a bold plea
- ☐ Never "umm" or other verbal fillers, silence is golden
- ☐ Pronounce the final syllable of each word

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Movements, Gestures, Eye Contact

- ☐ Step with intention
- ☐ Own your space
- ☐ Use proximity for intimacy
- ☐ Stillness is strong and focused
- ☐ Avoid swaying
- ☐ Avoid adjusting hair or clothes
- ☐ Use your space to map your ideas
- ☐ Illustrate ideas with your hands on purpose
- ☐ Open postures, gestures and facial expressions
- ☐ Share your eye contact around the room
- ☐ Share your eye contact with individuals
- ☐ Try to be authentic about it all 😊

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Stumbling and Recovering

- ☐ Pause, don't panic
- ☐ Audiences rarely notice small errors
- ☐ Mistakes can be opportunities for authentic connection
- ☐ Humour in acknowledging mistakes is charming
- ☐ Vulnerability creates trust
- ☐ Get back onto the message
- ☐ You will have adrenaline, you're excited to continue

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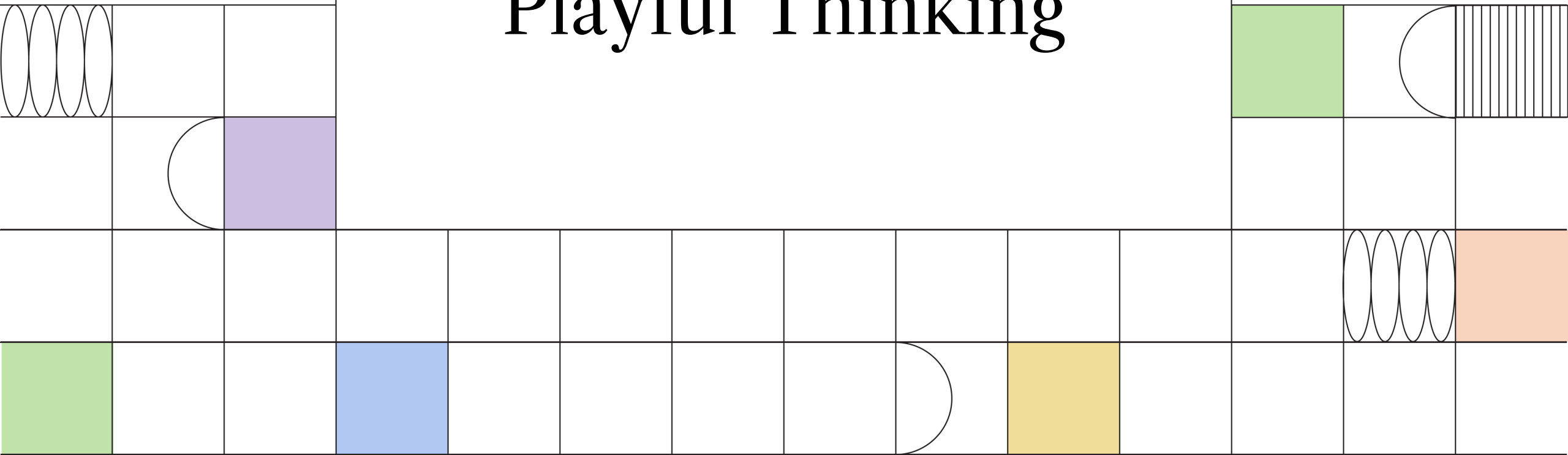
Reflect

Questions

Leaving the Stage

- ☐ Signal the ending clearly
- ☐ Pause, be still and listen
- ☐ You are allowed to be pleased
- ☐ Notice the audience
- ☐ Show gratitude to the audience
- ☐ Walk off with the confidence you walked on with

Playful Thinking

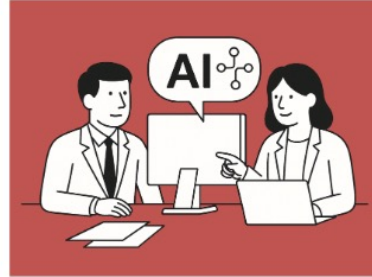


Working in Teams



EXPLORE

Getting Started with AI



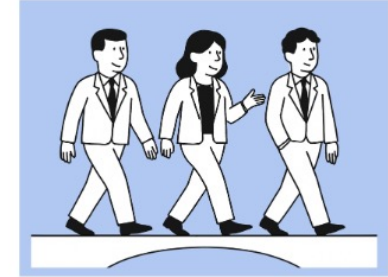
EXPLORE

Make Meetings Great



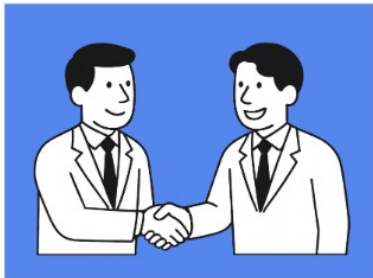
EXPLORE

Adapting to Change



EXPLORE

Conflict Resolution



EXPLORE

Creative Thinking



EXPLORE

Communication Games



EXPLORE

Principled Negotiation



EXPLORE

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Playful Thinking

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After this workshop

1 Visit our website to see our workshops

playfulthinking.com.au

2 Email me to talk about workshops for your team

daniel@playfulthinking.com.au

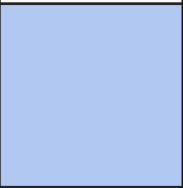
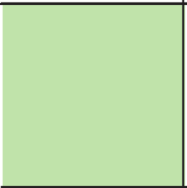
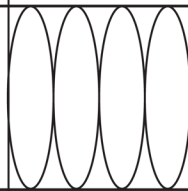
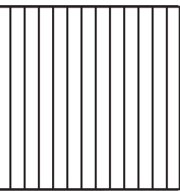
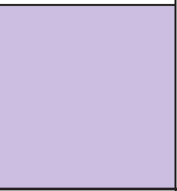
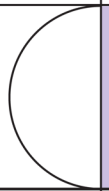
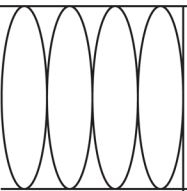
3 Register interest for public workshops through our website

4 Sign up to the newsletter for ideas and program updates

5 Let me know how your next speaking event goes!

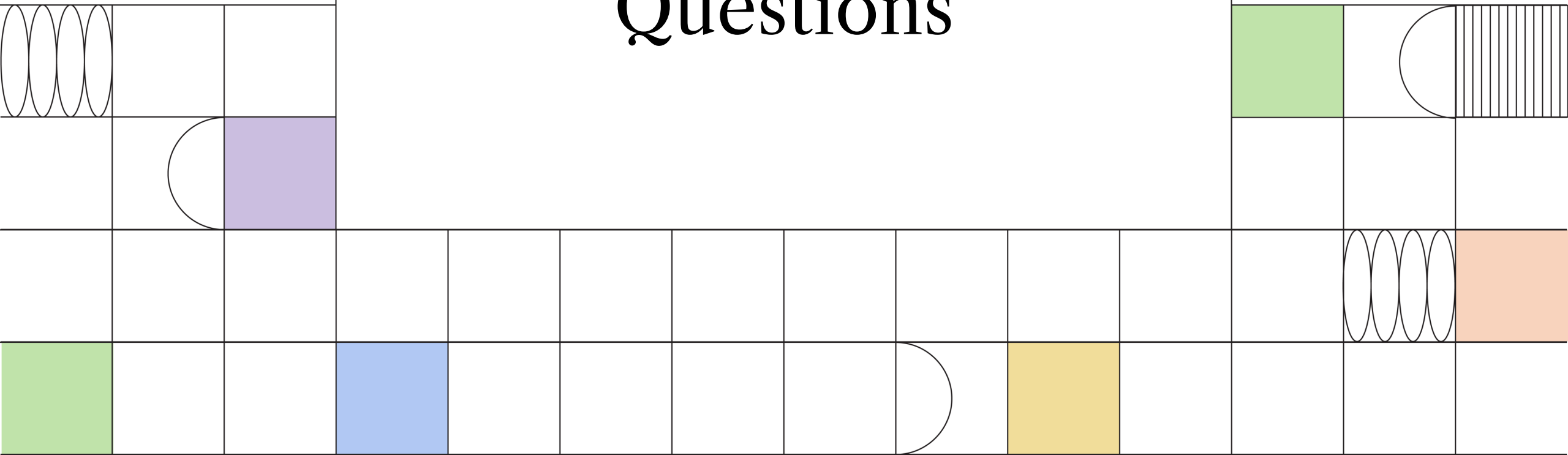
6 Please provide ICDA feedback for this webinar (form)

Reflect



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Prepare	
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Rehearsal	
Deliver	1. Good:
Warm-Up	2. Not Good:
Entering	3. Cringe:
Audience	4. Did Learn:
Message	5. Will Learn:
Voice	
Movement	
Stumbling	
Exiting	
Playful Thinking	
Reflect	
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Questions



Thank you

Playful Thinking

playfulthinking.com.au